

# Sacroiliac Joint Steroid Injection

## Overview

The procedure is performed to relieve pain caused by arthritis/inflammation in the sacroiliac joint where the spine and hipbone meet. The steroid medication can reduce swelling and inflammation in the joint, decreasing the pain.

## The procedure

- **Sacroiliac Joint:** The patient lies face down and a cushion is placed under the stomach for comfort and to arch the back. The physician uses a fluoroscope to find the sacroiliac joint.
- **Anesthetic injected:** A local anesthetic numbs the skin and all the tissue down to the surface of the sacroiliac joint.
- **Needle inserted:** The physician advances a needle through the anesthetized tract and into the sacroiliac joint.
- **Steroid injected:** A steroid-anesthetics mix is injected into the sacroiliac joint, bathing the painful area in medication.

## End of procedure

The needle is removed and a small bandage is used to cover the tiny surface wound.

**Please note:** Based on insurance/local coverage determination, this procedure is the last step and would only be approved after two diagnostic medial branch blocks are performed

